ORGAN SYSTEM HERB GARDEN

NERVOUS SYSTEM

LYMPH & IMMUNE

Echinacea Mullein Elderberries Yarrow Rosehips Chamomile

RESPIRATORY

Mullein Lobelia Fennel Mallow Thyme Oregano

SKIN

Citronella Calendula Plantain Comfrey Chamomile Sage Rose

SKELETAL/MUSCULAR

Comfrey Arnica Lavender Mint (potted) Chammomile St. John's Wort Lavender Valerian Eyebright

ENDOCRINE

Chaste Tree (Vitex)
Raspberry Leaf
Red Clover
Milk Thistle
Marjoram
Artichoke

CARDIOVASCULAR

Hawthorn Red Clover Rose Parsley Garlic Coriander

DIGESTIVE

Barberry Artichoke Dandelion Milk Thistle Fennel Ginger

URINARY

Parlsey Goldenrod Garlic Chives Hibiscus

REPRODUCTIVE

FEMALE MALE
Red clover Pumpkin
Vitex Fenugreek
Red Raspberry Ginger
Fenugreek Turmeric

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