



TRADE **SHOP LOCAL** BARTER

MY COMMUNITY RESOURCE BOOK

Every time I spend money, I am casting a vote for the kind of world I want.



Buying local helps keep money in my community. For every dollar spent, \$3 is generated in local economic benefit!

When I shop at local farms, stores, and artisans, I'm helping them stay in business, and they, in turn, reinvest in our local economy. This means more jobs and a stronger, more connected community. Local businesses also tend to support each other, creating a cycle of growth that benefits everyone. By choosing local, I'm helping to build a thriving, self-sufficient community where money and opportunities stay close to home.



TIPS FOR SUCCESSFUL TRADING & BARTERING

1. Know the Value of What You Have & What You Want

Research the fair market value of your item or service so you don't undervalue or overestimate it. Consider factors like rarity, condition, and demand.

2. Find the Right Trading Partner

Look for people who genuinely need what you're offering and have something you need in return. Online groups, local barter markets, and community boards can be great places to connect.

3. Negotiate with Win-Win in Mind

Aim for a trade that benefits both sides—compromise is key. Don't be afraid to sweeten the deal with additional small items or services to balance things out.

4. Be Honest & Clear About Terms

Clearly communicate the condition of your items or the scope of your service. If it's a service trade, define timelines and expectations in writing if necessary.

5. Think Beyond Physical Goods

Skills and services can be just as valuable as tangible items. Examples: Offer garden design in exchange for carpentry work, or trade homegrown produce for handmade crafts.

LOCAL MATERIAL RESOURCES

LOCAL NURSERIES

NAME: _____ WEBSITE: _____

PHONE NUMBER: _____

NAME: _____ WEBSITE: _____

PHONE NUMBER: _____

NAME: _____ WEBSITE: _____

PHONE NUMBER: _____

NOTES & PREFERENCES:

LOCAL ARBORIST/WOODCHIP DROPS

NAME: _____ WEBSITE: _____

PHONE NUMBER: _____

NAME: _____ WEBSITE: _____

PHONE NUMBER: _____

LOCAL LANDFILL / COMPOST COMPANIES

NAME: _____ WEBSITE: _____

PHONE NUMBER: _____

NAME: _____ WEBSITE: _____

PHONE NUMBER: _____

LOCAL MANURE

NAME: _____ NAME: _____

WEBSITE: _____ WEBSITE: _____

PHONE NUMBER: _____ PHONE NUMBER: _____

LOCAL QUARRY

NAME: _____

WEBSITE: _____

PHONE NUMBER: _____

LOCAL LUMBER YARD

NAME: _____

WEBSITE: _____

PHONE NUMBER: _____

LOCAL AGRICULTURE STORE

NAME: _____

WEBSITE: _____

PHONE NUMBER: _____

LOCAL HARDWARE STORE

NAME: _____

WEBSITE: _____

PHONE NUMBER: _____

LOCAL COMMUNITY RESOURCES

LOCAL FARMERS MARKET DAYS

LOCATION 1. _____ DAY _____ TIME _____
LOCATION 2. _____ DAY _____ TIME _____
LOCATION 3. _____ DAY _____ TIME _____

U-PICK LOCATIONS

COMPANY: _____
ADDRESS: _____ SEASON: _____
PICKIN'S: _____

COMPANY: _____
ADDRESS: _____ SEASON: _____
PICKIN'S: _____

LOCAL FARMS

● NAME: _____ LOCATION: _____
WEBSITE: _____ PHONE: _____
MARKET GOODS AVAILABLE: _____

● NAME: _____ LOCATION: _____
WEBSITE: _____ PHONE: _____
MARKET GOODS AVAILABLE: _____

LOCAL FARMSTANDS

ADDRESS: _____
PICKIN'S: _____

ADDRESS: _____
PICKIN'S: _____

ADDRESS: _____
PICKIN'S: _____

ADDRESS: _____
PICKIN'S: _____

LOCAL FOOD: FRIENDS, FAMILY, & SMALL LOCAL BUSINESSES TO SUPPORT

LOCAL BAKERY

NAME: _____
ADDRESS: _____
WEBSITE: _____
PHONE NUMBER: _____

HOME BAKER

NAME: _____
ADDRESS: _____
WEBSITE: _____
PHONE NUMBER: _____

LOCAL BEEKEEPER/HONEY

NAME: _____
ADDRESS: _____
WEBSITE: _____
PHONE NUMBER: _____

LOCAL DAIRY FARMER

NAME: _____
ADDRESS: _____
WEBSITE: _____
PHONE NUMBER: _____

LOCAL BUTCHER / MEAT

NAME: _____
ADDRESS: _____
WEBSITE: _____
PHONE NUMBER: _____

LOCAL EGGS

NAME: _____
ADDRESS: _____
WEBSITE: _____
PHONE NUMBER: _____

LOCAL FISHERMAN

NAME: _____
ADDRESS: _____
WEBSITE: _____
PHONE NUMBER: _____

LOCAL GARDENER FRIEND

NAME: _____
ADDRESS: _____
WEBSITE: _____
PHONE NUMBER: _____

LOCAL SKILLS: FRIENDS, FAMILY, & SMALL LOCAL BUSINESSES TO SUPPORT

LOCAL HERBALIST

NAME: _____
ADDRESS: _____
WEBSITE: _____
PHONE NUMBER: _____

LOCAL FLORIST

NAME: _____
ADDRESS: _____
WEBSITE: _____
PHONE NUMBER: _____

LOCAL KNITTER / CROTCHETER

NAME: _____
ADDRESS: _____
WEBSITE: _____
PHONE NUMBER: _____

LOCAL FIBER / YARN

NAME: _____
ADDRESS: _____
WEBSITE: _____
PHONE NUMBER: _____

LOCAL TAILOR / SEAMSTRESS

NAME: _____

ADDRESS: _____

WEBSITE: _____

PHONE NUMBER: _____

LOCAL POTTER / CLAY ARTIST

NAME: _____

ADDRESS: _____

WEBSITE: _____

PHONE NUMBER: _____

LOCAL WELDER

NAME: _____

ADDRESS: _____

WEBSITE: _____

PHONE NUMBER: _____

LOCAL WOODWORKER

NAME: _____

ADDRESS: _____

WEBSITE: _____

PHONE NUMBER: _____

LOCAL MECHANIC

NAME: _____

ADDRESS: _____

WEBSITE: _____

PHONE NUMBER: _____

LOCAL HANDYMAN

NAME: _____

ADDRESS: _____

WEBSITE: _____

PHONE NUMBER: _____

LOCAL HEALER

NAME: _____

TYPE: _____

WEBSITE: _____

PHONE NUMBER: _____

OTHER

NAME: _____

TYPE: _____

WEBSITE: _____

PHONE NUMBER: _____

ONLINE SEED COMPANIES

WEBSITE: _____

WEBSITE: _____

WEBSITE: _____

ONLINE SOCIAL MEDIA INSPIRATION

WEBSITE: _____

WEBSITE: _____

WEBSITE: _____

LOCAL NON PROFITS TO SUPPORT**Land preservation, land access, land back, watershed, agriculture, people care, animal care, etc.**

NAME: _____

CAUSE: _____

WEBSITE/SOCIAL MEDIA: _____

NAME: _____

CAUSE: _____

WEBSITE/SOCIAL MEDIA: _____